

Family Caregiver Support Group



The Alzheimer's Association offers support groups for family caregivers of a loved one with Alzheimer's or a related dementia. All meetings are free of charge.

Virtual Community Support Group

When: 1st Tuesday of each month
3:00 pm-4:30 pm PST

Where: Virtual on Zoom

Before attending this meeting, please register by contacting Sivana Lavine at 818.446.1573 or email sclavine@alz.org. You can also call our 24/7 helpline at 800.272.3900 to register. Zoom link will be given upon registration.

Online Community

The Alzheimer's Association Helpline offers an online community where caregivers can get support and information **24 hours a day, seven days a week** at: www.alzconnected.org

24/7 Helpline

The Alzheimer's Association Helpline is available **24 hours a day, seven days a week**, in more than 200 languages. Call **800.272.3900**.

Build a support system with people who understand

- Connect with others
- Exchange practical information on caregiving challenges and possible solutions
- Talk through issues and ways of coping
- Share feelings, needs and concerns
- Learn about community resources

Support group offered by

alzheimer's 
association®

Hosted by


Share the Care™