



ONEgeneration Men's Caregiver Support Group

Are you providing care for a loved one, a friend or a member of the community?
Do you feel exhausted and overwhelmed?

We are here to offer support!

Come to the group and meet with husbands, sons and other male caregivers to discuss the day to day challenges that arise from the stress of caring for others.

Groups are free and will be held every Wednesday!

***ONEgeneration Men's Caregiver Support Group - Zoom Meeting
Wednesdays, 4:00-5:00 pm**

To join the Zoom Meeting, click the link below or copy it into your browser.

<https://us02web.zoom.us/j/89301851618?pwd=VW5PTXRxZ1dadERNVy9kVkE5eDBhdz09>

OR

Go to Zoom and put in the following information:

Meeting ID: 893 0185 1618

Passcode: 053894

*Be sure to download ZOOM, on your device (computer, Ipad, cellphone), prior to the meeting.

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