

Monday

Tuesday

Wednesday

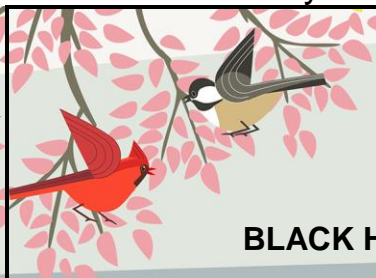
Thursday

Friday

February 2019

BLACK HISTORY MONTH

AMERICAN HEART MONTH



9:30 AM DAILY ORIENTATION
 10:15 AM CHAIR YOGA TO MUSIC W/ ALYSE & CHARLIE
 11:00 AM DAILY CHRONICLES IN ENGLISH & SPANISH
 11:30 AM SING A LONG-ENGLISH/SPANISH
 1:00 PM BRAIN FITNESS -ENGLISH/SPANISH
 1:40 PM VOLLEYBALL & CRAFTS
 2:15 PM WORD PLAY W/ BOARD
 2:45 PM SENSORY VIDEO & TABLEGAMES

9:30 AM DAILY ORIENTATION
 10:15 AM CHAIR EXERCISE W/ ERICKA
 11:00 AM DAILY CHRONICLES IN ENGLISH & SPANISH
 11:30 AM SING A LONG-ENGLISH/SPANISH
 1:00 PM CHINESE NEW YEAR'S TRADITIONS
 1:30 PM PING PONG W / TRISHA
 1:40 PM NICE & EASY STRETCHING W/ BACK MASSAGE & MUSIC SOCIAL
 2:00 PM MEN'S TEA SOCIAL & REMINISCING
 2:45 PM SENSORY VIDEO & TABLEGAMES

9:30 AM DAILY ORIENTATION
 10:15 AM CHAIR EXERCISE TO MUSIC WITH CHARLIE
 11:00 AM DAILY CHRONICLES IN ENGLISH & SPANISH
 11:30 AM SING A LONG- ENGLISH & SPANISH
 1:00 PM BRAIN FITNESS -ENGLISH & SPANISH
 1:40 PM MID- WEEK MOVIE & POPCORN IN ENGLISH & SPANISH; KNITTING SOCIAL; POKER; CRAFTS; POLISHING NAILS
 2:45 PM SENSORY VIDEO & MARKER ART

9:30 AM DAILY ORIENTATION
 10:15 AM CHAIR EXERCISE TO MUSIC WITH HEATHER
 11:00 AM DAILY CHRONICLES IN ENGLISH & SPANISH
 11:30 AM SING A LONG - ENGLISH &SPANISH
 1:00 PM BRAIN FITNESS-ENGLISH & SPANISH
 1:40 PM CHARADES
 2:00 PM BINGO & LOTERIA
 2:45 PM SENSORY VIDEO & TABLEGAMES
 3:00 PM (IGP) FUNDAMENTALS OF MUSIC

9:30 AM DAILY ORIENTATION
 10:15 AM CHAIR EXERCISE TO MUSIC W/ CHARLIE
 11:00 AM DAILY CHRONICLES IN ENGLISH & SPANISH
 11:30 AM SING A LONG-ENGLISH &SPANISH
 1:00 PM BRAIN FITNESS-ENGLISH/SPANISH
 1:40 PM ARTS & CRAFTS; POKER GAME W/ REFRESHMENTS; POLISHING NAILS;
 MUSIC SOCIAL
 2:45 PM SENSORY VIDEO & MARKER ART

9:30 AM DAILY ORIENTATION
 10:15 AM CHAIR YOGA EXERCISE TO MUSIC W/ ALYSE & CHARLIE
 11:00 AM DAILY CHRONICLES IN ENGLISH/SPANISH
 11:30 AM SING A LONG-ENGLISH & SPANISH
 1:00 PM BRAIN FITNESS -ENGLISH/SPANISH
 1:40 PM CIRCLE FUN REMINSCENCE GAME (PASS THE HEART); CRAFTS; POKER
 2:15 PM FEBRUARY WORD PLAY W/ BOARD
 2:45 PM SENSORY VIDEO & TABLEGAMES

9:30 AM DAILY ORIENTATION
 10:15 AM CHAIR EXERCISE W/ ERICKA
 11:00 AM DAILY CHRONICLES ENGLISH/ SPANISH
 11:30 AM SING A LONG IN ENGLISH/ SPANISH
 1:00 PM BRAIN FITNESS ENGLISH/SPANISH
 1:40 PM NICE & EASY STRETCHING W / BACK MASSAGE & TABLE GAMES
 2:00 PM LADIES TEA SOCIAL
 2:45 PM TABLEGAMES & POLISH NAILS

9:30 AM DAILY ORIENTATION
 10:15 AM CHAIR EXERCISE TO MUSIC WITH CHARLIE
 11 AM DAILY CHRONICLES IN ENGLISH/SPANISH
 11:30 AM SING A LONG -ENGLISH & SPANISH
 1:00 PM BRAIN FITNESS -ENGLISH & SPANISH
 1:40 PM MID- WEEK MOVIE & POPCORN; KNITTING SOCIAL; POKER; CRAFTS & POLISHING NAILS
 2:45 PM SENSORY VIDEO & MARKER ART

9:30 AM DAILY ORIENTATION
 10:15 AM CHAIR EXERCISE TO MUSIC WITH HEATHER
 11:00 AM DAILY CHRONICLES IN ENGLISH & SPANISH
 11:30 AM SING A LONG- ENGLISH &SPANISH
 1:00 PM BRAIN FITNESS - ENGLISH & SPANISH
 1:40 PM VALENTINE'S DAY DANCE SOCIAL W/ LEE HAHN
 2:45 PM SENSORY VIDEO & TABLEGAMES
 3:00 PM (IGP) FUNDAMENTALS OF MUSIC

9:30 AM DAILY ORIENTATION
 10:15 AM CHAIR EXERCISE TO MUSIC WITH CHARLIE
 11:00 AM DAILY CHRONICLES IN ENGLISH &SPANISH LANGAGE IGP W/ LAURA
 11:30 AM SING A LONG-ENGLISH &SPANISH
 1:00 PM BRAIN FITNESS-ENGLISH & SPANISH
 1:40 PM LOTERIA & TAP DANCE W/ JUDITH
 2:00 PM ENGLISH BINGO
 2:45 PM SENSORY VIDEO & TABLEGAMES

CLOSED FOR PRESIDENT'S DAY



9:30 AM DAILY ORIENTATION
 10:15 AM CHAIR EXERCISE W/ ERICKA
 11:00 AM DAILY CHRONICLES IN ENGLISH & SPANISH
 11:30 AM SING A LONG ENGLISH/ SPANISH
 1:00 PM BRAIN FITNESS ENGLISH/SPANISH
 1:30 PM PING PONG W / TRISHA
 1:40 PM NICE & EASY STRETCHING & TABLEGAMES
 2:00 PM COED TEA SOCIAL & REMINISCING
 2:45 PM SENSORY VIDEO & TABLEGAMES

9:30 AM DAILY ORIENTATION
 10:15 AM CHAIR EXERCISE TO MUSIC WITH CHARLIE
 11:00 AM DAILY CHRONICLES IN ENGLISH & SPANISH
 11:30 AM SING A LONG ENGLISH & SPANISH
 1:00 PM BRAIN FITNESS ENGLISH & SPANISH
 1:40 PM BIRTHDAY PARTY W / DJ WINFIELD
 2:45 PM SENSORY VIDEO & MAGAZINES



9:30 AM DAILY ORIENTATION
 10:15 AM CHAIR EXERCISE TO MUSIC WITH HEATHER
 11 AM DAILY CHRONICLES IN ENGLISH & SPANISH
 11:30 AM SING A LONG - ENGLISH &SPANISH
 1:00 PM BRAIN FITNESS- ENGLISH & SPANISH
 1:40 PM LARGE TABLE PUZZLES
 2:00 PM BINGO & LOTERIA
 2:45 PM SENSORY VIDEO & TABLEGAMES
 3:00PM (IGP) FUNDAMENTALS OF MUSIC

9:30 AM DAILY ORIENTATION
 10:15 AM CHAIR EXERCISE TO MUSIC WITH CHARLIE
 11:00 AM DAILY CHRONICLES IN ENGLISH & SPANISH LANGAGE IGP W/ LAURA
 11:30 AM SING A LONG ENGLISH &SPANISH
 1:00 PM BRAIN FITNESS - ENGLISH & SPANISH
 1:40 PM MOVIE & POPCORN; KNITTING SOCIAL; CRAFTS; POLISHING NAILS

9:30 AM DAILY ORIENTATION
 10:15 AM CHAIR YOGA EXERCISE TO MUSIC W/ ALYSE & CHARLIE
 11:00 AM DAILY CHRONICLES IN ENGLISH & SPANISH
 11:30 AM SING A LONG ENGLISH & SPANISH
 1:00 PM BRAIN FITNESS ENGLISH & SPANISH
 1:40 PM CIRCUS GAMES (HORSE SHOES & BEAN BAG TOSS); CRAFTS & POKER GAME
 2:45 PM SENSORY VIDEO & TABLEGAMES

9:30 AM DAILY ORIENTATION
 10:15 AM CHAIR EXERCISE WITH ERICKA
 11:00 AM DAILY CHRONICLES IN ENGLISH & SPANISH
 11:30 AM SING A LONG ENGLISH/ SPANISH
 1:00 PM BRAIN FITNESS ENGLISH/SPANISH
 1:30 PM MUSIC THERAPY SESSION
 1:40 PM NICE & EASY STRETCHING W / ERICKA & TABLEGAMES
 2:00 PM LADIES TEA SOCIAL/REMINISCING
 2:45 PM SENSORY VIDEO & TABLEGAMES

9:30 AM DAILY ORIENTATION
 10:15 AM CHAIR EXERCISE TO MUSIC WITH CHARLIE
 11:00 AM DAILY CHRONICLES IN ENGLISH & SPANISH
 11:30 AM SING A LONG - ENGLISH & SPANISH
 1:00 PM BRAIN FITNESS ENGLISH & SPANISH
 1:40 PM MID- WEEK MOVIE & POPCORN; KNITTING SOCIAL; POKER; CRAFTS & POLISHING NAILS
 2:45 PM SENSORY VIDEO & MARKER ART

9:30 AM DAILY ORIENTATION
 10:15 AM CHAIR EXERCISE TO MUSIC WITH HEATHER
 11:00 AM DAILY CHRONICLES IN ENGLISH & SPANISH
 11:30 AM SING A LONG -ENGLISH &SPANISH
 1:00 PM BRAIN FITNESS -ENGLISH & SPANISH
 1:40 PM BINGO & LOTERIA
 2:45 PM MUSIC SOCIAL; TABLEGAMES
 3:00 PM (IGP) FUNDAMENTALS OF MUSIC

FEB 2ND
 GROUNDHOG DAY
 FEB 5TH
 CHINESE NEW YEAR (YEAR OF THE PIG)
 FEB 14TH
 VALENTINES DAY DANCE
 FEB 18TH
 CLOSED FOR PRESIDENT'S DAY

