

Monday

Tuesday

Wednesday

Thursday

Friday

<p>9:30am DAILY ORIENTATION <b>3</b>                  10:15am GENTLE YOGA W/ ALYSE                  11:00am DAILY CHRONICLES &amp; POETRY ENGLISH &amp; SPANISH                  11:30am SING A LONG ENGLISH &amp; SPANISH                  1:00pm BRAIN FITNESS ENGLISH &amp; SPANISH                  1:40pm CARNIVAL GAMES                  ARTS &amp; CRAFTS - POKER                  2:15pm HANUKKAH WORDPLAY                  2:45pm SENSORY VIDEO &amp; TABLE GAMES</p>	<p>9:30am DAILY ORIENTATION <b>4</b>                  10:15am CHAIR EXERCISE WITH ANDREE                  11:00am DAILY CHRONICLES ENGLISH &amp; SPANISH                  11:30am SING A LONG ENGLISH &amp; SPANISH                  1:00pm BRAIN FITNESS ENGLISH &amp; SPANISH                  1:30pm <i>PING PONG CLUB</i>                  1:40pm NICE &amp; EASY STRETCHING/ MASSAGE TABLE GAMES - MUSIC SOCIAL                  2:00pm <i>MENS TEA &amp; REMINISCING SOCIAL</i>                  2:45pm SENSORY VIDEO &amp; TABLE GAMES</p>	<p>9:30am DAILY ORIENTATION <b>5</b>                  10:15am CHAIR EXERCISE WITH ANDREE                  11:00am DAILY CHRONICLES ENGLISH &amp; SPANISH                  11:30am SING A LONG ENGLISH &amp; SPANISH                  1:00pm BRAIN FITNESS ENGLISH &amp; SPANISH                  1:40pm MID-WEEK MOVIE &amp; POPCORN                  ARTS &amp; CRAFTS - POKER - KNITTING                  2:45pm SENSORY VIDEO &amp; TABLE GAMES</p>	<p>9:30am DAILY ORIENTATION <b>6</b>                  10:00am HOLIDAY MUSIC SOCIAL                  10:30am <i>ARC HOLIDAY BELL CHIOR PERFORMANCE</i>                  11:30am SING A LONG ENGLISH &amp; SPANISH                  1:00am BRAIN FITNESS ENGLISH &amp; SPANISH                  1:40pm BINGO &amp; SPANISH LOTERIA                  2:45pm SENSORY VIDEO &amp; TABLEGAMES                  3:00pm (IGP) FUNDAMENTALS OF MUSIC</p>	<p>9:30am DAILY ORIENTATION &amp; <b>7</b>                  10:00-11:00 <i>CSUN MUSIC THERAPY GROUP</i>                  10:15am CHAIR EXERCISE WITH ERICKA                  11:00am DAILY CHRONICLES ENGLISH &amp; SPANISH                  11:30am SING A LONG ENGLISH &amp; SPANISH                  1:00pm BRAIN FITNESS ENGLISH &amp; SPANISH                  1:40pm <i>3D ORNAMENT DECORATING</i>                  2:45pm SENSORY VIDEO &amp; TABLE GAMES</p>
<p>9:30 AM DAILY ORIENTATION <b>10</b>                  10:15am GENTLE YOGA W/ ALYSE                  11:00am DAILY CHRONICLES ENGLISH &amp; SPANISH                  11:30am SING A LONG ENGLISH &amp; SPANISH                  1:00pm BRAIN FITNESS ENGLISH &amp; SPANISH                  1:40pm BASKETBALL HOOPS                  ARTS &amp; CRAFTS - POKER                  2:15pm DANCING TO THE OLDIES                  2:45pm SENSORY VIDEO &amp; TABLE GAMES</p>	<p>9:30am DAILY ORIENTATION <b>11</b>                  10:15am CHAIR EXERCISE WITH ANDREE                  11:00am DAILY CHRONICLES ENGLISH &amp; SPANISH                  11:30am SING A LONG ENGLISH &amp; SPANISH                  1:00pm BRAIN FITNESS ENGLISH &amp; SPANISH                  1:30pm <i>MUSIC THERAPY SESSION</i>                  1:40pm NICE &amp; EASY STRETCHING/ MASSAGE TABLE GAMES- MUSIC SOCIAL                  2:00pm <i>LADIES TEA SOCIAL</i>                  2:45pm SENSORY VIDEO &amp; TABLE GAMES</p>	<p>9:30am DAILY ORIENTATION <b>12</b>                  10:15am CHAIR EXERCISE WITH ANDREE                  11:00am DAILY CHRONICLES ENGLISH &amp; SPANISH                  11:30am SING A LONG ENGLISH &amp; SPANISH                  1:00pm BRAIN FITNESS ENGLISH &amp; SPANISH                  1:40pm MID-WEEK MOVIE &amp; POPCORN                  ARTS &amp; CRAFTS - POKER - KNITTING                  2:45pm SENSORY VIDEO &amp; TABLE GAMES</p>	<p>9:30am DAILY ORIENTATION <b>13</b>                  10:15am CHAIR EXERCISE WITH HEATHER                  11:00am DAILY CHRONICLES ENGLISH &amp; SPANISH                  11:30am SING A LONG ENGLISH &amp; SPANISH                  1:00am BRAIN FITNESS ENGLISH &amp; SPANISH                  1:40pm BINGO &amp; SPANISH LOTERIA                  2:45pm SENSORY VIDEO &amp; TABLEGAMES                  3:00pm (IGP) FUNDAMENTALS OF MUSIC</p>	<p>9:30am DAILY ORIENTATION &amp; <b>14</b>                  10:15am CHAIR EXERCISE WITH ERICKA                  11:00am DAILY CHRONICLES ENGLISH &amp; SPANISH GROUPS                  11:30am SING A LONG ENGLISH &amp; SPANISH                  1:00pm BRAIN FITNESS ENGLISH &amp; SPANISH                  1:30pm <i>HOLIDAY CELEBRATION W/ DR. ROMANTIC &amp; THE HEARTBEATS</i>                  2:45pm SENSORY VIDEO &amp; TABLE GAMES</p>
<p>9:30 AM DAILY ORIENTATION <b>17</b>                  10:15am GENTLE YOGA W/ ALYSE                  11:00am DAILY CHRONICLES ENGLISH &amp; SPANISH                  11:30am SING A LONG ENGLISH &amp; SPANISH                  1:00pm BRAIN FITNESS ENGLISH &amp; SPANISH                  1:40pm GOLF PUTTING ON THE GREEN                  ARTS &amp; CRAFTS-POKER                  2:15pm CHARADES                  2:45pm SENSORY VIDEO &amp; TABLE GAMES</p>	<p>9:30am DAILY ORIENTATION <b>18</b>                  10:15am CHAIR EXERCISE WITH ANDREE                  11:00am DAILY CHRONICLES ENGLISH &amp; SPANISH                  11:30am SING A LONG ENGLISH &amp; SPANISH                  1:00pm BRAIN FITNESS ENGLISH &amp; SPANISH                  1:30pm <i>PING PONG CLUB</i>                  1:40pm NICE &amp; EASY STRETCHING/ MASSAGE TABLE GAMES - MUSIC SOCIAL                  2:00pm <i>COED HOLIDAY TEA SOCIAL</i>                  2:45pm SENSORY VIDEO &amp; TABLE GAMES</p>	<p>9:30am DAILY ORIENTATION <b>19</b>                  10:15am CHAIR EXERCISE WITH ANDREE                  11:00am DAILY CHRONICLES ENGLISH &amp; SPANISH                  11:30am SING A LONG ENGLISH &amp; SPANISH                  1:00pm BRAIN FITNESS ENGLISH &amp; SPANISH                  1:40pm <i>NICE &amp; EASY STRETCHING/ MASSAGE TABLE GAMES - MUSIC SOCIAL</i>                  2:45pm SENSORY VIDEO &amp; TABLE GAMES                  3:30pm POLISHING NAILS &amp; TABLE ART</p>	<p>9:30am DAILY ORIENTATION <b>20</b>                  10:15am CHAIR EXERCISE WITH HEATHER                  11:00am DAILY CHRONICLES ENGLISH &amp; SPANISH                  11:30am SING A LONG ENGLISH &amp; SPANISH                  1:00pm BRAIN FITNESS ENGLISH &amp; SPANISH                  1:40pm BINGO &amp; SPANISH LOTERIA                  2:45pm SENSORY VIDEO &amp; TABLE GAMES                  3:00pm (IGP) FUNDAMENTALS OF MUSIC</p>	<p>9:30am DAILY ORIENTATION &amp; <b>21</b>                  10:15am CHAIR EXERCISE WITH ERICKA                  11:00am DAILY CHRONICLES ENGLISH &amp; SPANISH                  11:30am SING A LONG ENGLISH &amp; SPANISH                  1:00pm BRAIN FITNESS ENGLISH &amp; SPANISH                  1:30pm HOLIDAY SING - A- LONG                  2:00pm <i>GIFT GIVING VISIT FROM SANTA</i>                  2:45pm SENSORY VIDEO &amp; TABLE GAMES</p>
 <p><b>24</b></p>	 <p><b>25</b></p>	 <p><b>26</b></p>	<p>9:30am DAILY ORIENTATION <b>27</b>                  10:15am CHAIR EXERCISE WITH HEATHER                  11:00am DAILY CHRONICLES ENGLISH &amp; SPANISH                  11:30am SING A LONG ENGLISH &amp; SPANISH                  1:00pm BRAIN FITNESS ENGLISH &amp; SPANISH                  1:40pm BINGO &amp; SPANISH LOTERIA                  2:45pm SENSORY VIDEO &amp; TABLE GAMES                  3:00pm (IGP) FUNDAMENTALS OF MUSIC</p>	<p>9:30am DAILY ORIENTATION <b>28</b>                  10:15am CHAIR EXERCISE WITH ERICKA                  11:00am DAILY CHRONICLES ENGLISH &amp; SPANISH                  11:30am SING A LONG ENGLISH &amp; SPANISH                  1:00pm BRAIN FITNESS ENGLISH &amp; SPANISH                  1:40pm <i>TAP DANCE W/ JUDITH</i>                  2:00pm <i>SNOWFLAKE DESIGN</i>                  2:45pm SENSORY VIDEO &amp; TABLE GAMES</p>
<p>9:30 AM DAILY ORIENTATION <b>31</b>                  10:15am GENTLE YOGA W/ ALYSE                  11:00am DAILY CHRONICLES ENGLISH &amp; SPANISH                  11:30am SING A LONG ENGLISH &amp; SPANISH                  1:00pm BRAIN FITNESS ENGLISH &amp; SPANISH                  1:40pm <i>NOON YEAR'S EVE PARTY W/ CEASER GARCIA</i>                  2:45pm SENSORY VIDEO &amp; TABLE GAMES                  ARTS &amp; CRAFTS-POKER</p>		<p>Hanukkah Dec 2<sup>nd</sup> – Dec 10<sup>th</sup>                  Kwanzaa Dec 26<sup>th</sup> - Jan 1<sup>st</sup></p> <p style="text-align: center;"><b>December 2018</b></p> <p style="text-align: right;">Pearl Harbor Remembrance Dec 7<sup>th</sup>                  Winter Begins Dec 21<sup>st</sup></p>		