



CAREGIVER SUPPORT GROUPS

**Groups are Free and held from
3pm-4:30pm on
the First and Third Tuesday of each month
AND
from 2pm-3:30pm on
the First Saturday of every month**

Groups are open to both Spouses and Adult Children who are caring for a loved one with Alzheimer's Disease or other dementia. Free respite is provided during group for enrolled ONEgeneration Adult Daycare Participants.



**Learn more about
Alzheimer's Disease
and other Dementias**

**Receive
encouragement and
support from other
caregivers**

**Decrease isolation and
feeling overwhelmed**

**Help others by sharing
your experiences**

**Become a more
balanced caregiver by
taking care of yourself**

ONEgeneration

Adult Daycare Program

17400 Victory Blvd,
Van Nuys 91406

For more information, please
call or email Denise Kee-White
(818) 708-6376
dkeewhite@onegeneration.org

Group dates on back →

ONEgeneration Caregiver Support Group 2020 Calendar

Tuesdays

January 7 & 21

February 4 & 18

March 3 & 17

April 7 & 21

May 5 & 19

June 2 & 16

July 7 & 21

August 4 & 18

September 1 & 15

October 6 & 20

November 3 & 17

December 1 & 15

Saturday

January 4

February 1

March 7

April 4

May 2

June 6

July 11

August 1

September 5

October 3

November 7

December 5